

# Tips for writing to your health plan



Your doctor may be working with your health plan on your behalf to help with coverage. Whether you need to take COSENTYX® through an IV infusion or by self-injection, writing a letter yourself can help because your voice can make a difference.

If your doctor has suggested that you write a letter to your health plan for COSENTYX, use this checklist to make sure you're providing the necessary information:

## PATIENT LETTER CHECKLIST

- Include important details about yourself:
  - Name
  - Health plan membership/policy number
  - Date of birth
  - If appropriate, the denial reference number and the date of denial
- Explain your request—be sure you have read the plan's coverage policy or denial letter, and refer to these specifics
- State your diagnosis and describe your personal experience(s) with your condition, including your symptoms, how severe it is, and its impact on your life
- Mention any past medications you have tried and your experience with them
- If you are writing to your health plan regarding your co-pay or co-insurance for COSENTYX, be sure to include any important information about your financial situation
- Close the letter with a summary of the recommendation from your doctor and provide their contact information (eg, phone number or email address) should any additional information be required



Need help writing to your health plan? Call COSENTYX® Connect at 1-844-COSENTYX (1-844-267-3689) Monday – Friday, 8:00 AM – 8:00 PM ET.

IV, intravenous.

